



# JANUARY PILATES CLASS SCHEDULE

Register by Dec. 30, 2025

IN PERSON Mat and Reformer Classes	ONLINE & IN PERSON Mat Classes
<p data-bbox="391 646 610 741"><b>Mondays</b> Jan. 5 - 26</p> <p data-bbox="203 800 586 888">12 noon - 12:45 <b>FULL</b> \$80+gst = \$84</p> <p data-bbox="203 940 553 1029">1pm - 1:45 <b>FULL</b> \$80+gst = \$84</p>	<p data-bbox="1011 642 1230 730"><b>Tuesdays</b> Jan. 6 - 27</p> <p data-bbox="824 804 1187 892">9am - 9:45 \$80 +gst = \$84</p> <p data-bbox="824 930 1175 1018">1pm - 1:45 \$80+gst = \$84</p>
<p data-bbox="354 1148 646 1243"><b>Wednesdays</b> Jan. 7 - 28</p> <p data-bbox="203 1299 586 1388">12 noon - 12:45 <b>FULL</b> \$80+gst = \$84</p> <p data-bbox="203 1440 553 1528">1pm-1:45 \$80+gst = \$84</p>	<p data-bbox="1005 1140 1235 1234"><b>Fridays</b> Jan. 9, 16, 30</p> <p data-bbox="824 1272 1130 1360">1pm - 1:45 \$60+gst = \$63</p>



# FEBRUARY PILATES CLASS SCHEDULE

Register by Jan. 26, 2025

IN PERSON Mat and Reformer Classes	ONLINE & IN PERSON Mat Classes
<p data-bbox="391 611 610 705"><b>Mondays</b> Feb. 2, 9, 23</p> <p data-bbox="203 762 553 848">12 noon - 12:45 \$60+gst = \$63</p> <p data-bbox="203 905 553 991">1pm - 1:45 \$60+gst = \$63</p>	<p data-bbox="1013 604 1232 690"><b>Tuesdays</b> Feb. 3 - 24</p> <p data-bbox="824 726 1078 812">1pm - 1:45 \$80+gst = \$84</p>
<p data-bbox="354 1136 646 1230"><b>Wednesdays</b> Feb. 4 - 25</p> <p data-bbox="203 1287 477 1373">12 noon - 12:45 \$80+gst = \$84</p> <p data-bbox="203 1430 459 1516">1pm-1:45 \$80+gst = \$84</p>	<p data-bbox="1024 1129 1218 1224"><b>Fridays</b> Feb. 6 - 27</p> <p data-bbox="824 1260 1133 1346">1pm - 1:45 \$80+gst = \$84</p>



# MARCH PILATES CLASS SCHEDULE

Register by Feb. 23, 2025

IN PERSON Mat and Reformer Classes	ONLINE & IN PERSON Mat Classes
<p data-bbox="381 611 618 705"><b>Mondays</b> March 2 - 30</p> <p data-bbox="203 762 581 852">12 noon - 12:45 \$100+gst = \$105</p> <p data-bbox="203 905 581 995">1pm - 1:45 \$100+gst = \$105</p>	<p data-bbox="1005 604 1239 695"><b>Tuesdays</b> March 3 - 31</p> <p data-bbox="824 726 1105 816">1pm - 1:45 \$100+gst = \$105</p>
<p data-bbox="354 1136 646 1230"><b>Wednesdays</b> March 4 - 25</p> <p data-bbox="203 1287 477 1377">12 noon - 12:45 \$80+gst = \$84</p> <p data-bbox="203 1430 459 1520">1pm-1:45 \$80+gst = \$84</p>	<p data-bbox="1005 1129 1239 1220"><b>Fridays</b> March 6 - 27</p> <p data-bbox="824 1262 1133 1352">1pm - 1:45 \$80+gst = \$84</p>



# APRIL PILATES CLASS SCHEDULE

Register by Mar. 23, 2025

IN PERSON Mat and Reformer Classes	ONLINE & IN PERSON Mat Classes
<p data-bbox="391 611 610 705"><b>Mondays</b> April 13 - 27</p> <p data-bbox="203 762 553 848">12 noon - 12:45 \$60+gst = \$63</p> <p data-bbox="203 905 553 991">1pm - 1:45 \$60+gst = \$63</p>	<p data-bbox="1013 604 1232 699"><b>Tuesdays</b> April 7 - 28</p> <p data-bbox="824 726 1078 812">1pm - 1:45 \$80+gst = \$84</p>
<p data-bbox="354 1136 646 1230"><b>Wednesdays</b> April 1 - 29</p> <p data-bbox="203 1287 485 1373">12 noon - 12:45 \$100+gst = \$105</p> <p data-bbox="203 1430 485 1516">1pm-1:45 \$100+gst = \$105</p>	<p data-bbox="1021 1129 1224 1224"><b>Fridays</b> April 10-24</p> <p data-bbox="824 1260 1130 1346">1pm - 1:45 \$60+gst = \$63</p>



# MAY PILATES CLASS SCHEDULE

Register by Mar. 24, 2025

IN PERSON Mat and Reformer Classes	ONLINE & IN PERSON Mat Classes
<p data-bbox="386 611 613 709"><b>Mondays</b> May 4, 11, 25</p> <p data-bbox="203 762 553 852">12 noon - 12:45 \$60+gst = \$63</p> <p data-bbox="203 905 553 995">1pm - 1:45 \$60+gst = \$63</p>	<p data-bbox="1011 604 1230 695"><b>Tuesdays</b> May 5 - 26</p> <p data-bbox="824 726 1078 816">1pm - 1:45 \$80+gst = \$84</p>
<p data-bbox="354 1136 646 1234"><b>Wednesdays</b> May 6 - 27</p> <p data-bbox="203 1287 553 1377">12 noon - 12:45 \$80+gst = \$84</p> <p data-bbox="203 1430 553 1520">1pm-1:45 \$80+gst = \$84</p>	<p data-bbox="1032 1129 1208 1220"><b>Fridays</b> May 8-29</p> <p data-bbox="824 1262 1133 1352">1pm - 1:45 \$80+gst = \$84</p>



# JUNE PILATES CLASS SCHEDULE

Register by May. 25, 2025

IN PERSON Mat and Reformer Classes	ONLINE & IN PERSON Mat Classes
<p data-bbox="391 611 610 657"><b>Mondays</b></p> <p data-bbox="399 667 602 703">June 1 - 22</p> <p data-bbox="203 716 475 751">12 noon - 12:45</p> <p data-bbox="298 762 553 800">\$80+gst = \$84</p> <p data-bbox="203 852 383 890">1pm - 1:45</p> <p data-bbox="298 900 553 938">\$80+gst = \$84</p>	<p data-bbox="1013 604 1232 651"><b>Tuesdays</b></p> <p data-bbox="1021 661 1224 697">June 2 - 23</p> <p data-bbox="824 730 1003 766">1pm - 1:45</p> <p data-bbox="920 777 1175 814">\$80+gst = \$84</p>
<p data-bbox="354 1077 646 1123"><b>Wednesdays</b></p> <p data-bbox="407 1134 592 1169">June 3-24</p> <p data-bbox="203 1224 475 1260">12 noon - 12:45</p> <p data-bbox="298 1270 553 1308">\$80+gst = \$84</p> <p data-bbox="203 1360 362 1398">1pm-1:45</p> <p data-bbox="298 1409 553 1446">\$80+gst = \$84</p>	<p data-bbox="1029 1068 1211 1115"><b>Fridays</b></p> <p data-bbox="1021 1125 1224 1161">June 5 - 19</p> <p data-bbox="824 1203 1003 1239">1pm - 1:45</p> <p data-bbox="920 1249 1175 1287">\$60+gst = \$63</p>